

PSHE - KS4

Overview

PSHE education is a school curriculum subject that helps children and young people to stay healthy, safe and prepared for life and work in modern Britain. When taught well, PSHE education also helps pupils to achieve their academic potential.

PSHE stands for personal, social, health and economic. Most of PSHE education became statutory in September 2020 under the Children and Social Work Act. The Act introduced compulsory Relationships and Sex Education in secondary schools. Health Education (both mental and physical) became statutory from key stages 1 to 4.

The Department for Education (DfE) calls PSHE education ‘an important and necessary part of all pupils’ education’ and that ‘all schools should teach PSHE, drawing on good practice’.

Our programme of study has been designed to cover the three core themes as outlined with the DfE statutory guidance - Health and Wellbeing, Living in the Wider World and Relationships.

The content of this document has been supported using PSHE Association and EC Publishing.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 10	<ul style="list-style-type: none"> - Managing time effectively. - Living sustainably. - Homelessness. - Hate crime. 	<ul style="list-style-type: none"> - Managing tough times: change grief and bereavement. - Suicide. - Managing social anxiety. 	<ul style="list-style-type: none"> - Forced and arranged marriages. - Harassment and stalking. - Revenge porn. 	<ul style="list-style-type: none"> - Community cohesion. - Sexism. - Parenting. - The right career for me. 	<ul style="list-style-type: none"> - Employability skills: CV. - Careers in STEM. - Preparing for work experience. - Rights and 	<ul style="list-style-type: none"> - Anti-social behaviour. - County lines. - Money laundering. - Terrorism and

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	<ul style="list-style-type: none"> - Tattoos and piercings. - Binge drinking. 	<ul style="list-style-type: none"> - Social media and self-esteem. - Screen time. - Conflict management. 	<ul style="list-style-type: none"> - Relationships with role models. - Same-sex relationships. - Gender and trans identity. 		<ul style="list-style-type: none"> responsibilities. - Why do we need an International Women's Day? - The criminal justice system. 	<ul style="list-style-type: none"> holy war. - Overt and covert racism. - Fake news and critical thinking.
Year 11	<ul style="list-style-type: none"> - Why is PSHE so important? - Identity and diversity. - How does privilege affect us? - Obesity and body positivity. - Fertility and reproductive health. - What is CPR? 	<ul style="list-style-type: none"> - Perseverance and procrastination. - The importance of sleep. - Risk taking and decision making. - Gambling and online gambling. - Digital footprint. - Personal safety in the wider world. 	<ul style="list-style-type: none"> - Bullying and body shaming. - Types of relationships. - Consent, rape and sexual harassment. - What makes good sex? - Safe sex. - Relationship break-ups. 	<ul style="list-style-type: none"> - Happiness and positivity. - Animal rights and sustainability. - Pollution, plastics and the environment. - Globalisation. 	<ul style="list-style-type: none"> - Independent living - How to prepare for a job interview - Trade unions - Health and safety at work - GCSE revision 	<ul style="list-style-type: none"> - Applying to college - Multiculturalism (British Values). - Right-wing extremism. - Internet safety: the dark web. - Cybercrime and online fraud.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	How do we perform this and find sources of life-saving help?					